PRINCIPAL EXCHANGE-TRADED FUNDS
(unaudited)

Notification of Source of Distributions
Pursuant to Rule 19a-1 of the Investment Company Act of 1940

As noted in the table provided below, certain of the Principal Exchange-Traded Funds made distributions for the month of December 2018 for which a portion is estimated to be in excess of the fund’s current and accumulated net income. As of December 2018, the estimated sources of these distributions were as follows:

<table>
<thead>
<tr>
<th>Fund</th>
<th>Net Income</th>
<th>Realized Gain</th>
<th>Capital Sources</th>
</tr>
</thead>
<tbody>
<tr>
<td>Principal International Multi-Factor Index ETF</td>
<td>80.51%</td>
<td>0.00%</td>
<td>19.49%</td>
</tr>
<tr>
<td>Principal Investment Grade Corporate Active ETF</td>
<td>98.33%</td>
<td>0.00</td>
<td>1.67</td>
</tr>
<tr>
<td>Principal Millennials Index ETF</td>
<td>96.35%</td>
<td>3.65</td>
<td>0.00</td>
</tr>
</tbody>
</table>

The ultimate composition of these distributions may vary from the estimates provided above due to a variety of factors including future income and expenses, and realized gains and losses from the purchase and sale of securities.

Please note that this information is being provided to satisfy certain notice requirements under the Investment Company Act of 1940. Tax reporting information for shareholders of the funds will not be available until the end of the funds’ fiscal year.

As a result, shareholders should not use the information provided in this notice for tax reporting purposes.